

Super Ubiquinol CoQ10 with Enhanced Mitochondrial Support™

Supercharge your cellular energy

Item #01426 • 100 mg • 60 softgels

Since Life Extension® introduced CoQ10 in 1983, our scientists have continued to develop increased potency and absorbability. Super Ubiquinol CoQ10 with Enhanced Mitochondrial Support™ contains PrimaVie® *shilajit* that **doubles** levels of CoQ10 in the mitochondria.¹ Combining CoQ10 and *shilajit* produced a **56%** increase in energy production in the brain, and in muscle there was a **144%** increase in energy production.²

The primary reason people take CoQ10 supplements is to help restore youthful energy levels.

Shilajit boosts CoQ10's beneficial effects by stabilizing CoQ10 in the superior *ubiquinol* form, which *prolongs* its action at the cellular level.^{3,4} Additionally, *shilajit* facilitates the more efficient delivery of CoQ10 into the mitochondria, which results in enhanced cellular energy.⁵⁻⁹

Shilajit helps the mitochondria convert fats and sugars into the body's main source of energy, ATP (adenosine triphosphate).⁵⁻⁹

Combining *ubiquinol* CoQ10 with *shilajit* generates a powerful synergy that supports more youthful cellular energy production than CoQ10 alone.^{2,4,5}

So try this next-generation CoQ10 formula. You'll re-energize every cell in your body.

Also available:

Super Ubiquinol CoQ10 with Enhanced Mitochondrial Support™

Item # 01431 • 200 mg • 30 softgels

Item # 01425 • 50 mg • 100 softgels

References:

1. Systemic CoQ level in animals: Part II. Unpublished study. Natreon, Inc.; 2007.
2. *Pharmacologyonline*. 2009;1:817-25.
3. *Pharmacologyonline*. 2009;2:690-8.
4. *Electronic Journal of Biotechnology*. 2008 Jul 15;11(3).

5. Ghosal S. *Shilajit in Perspective*. Alpha Science International Limited; 2006.
6. *Sci Total Environ*. 1987 Apr;62:347-54.
7. *Environ Sci Technol*. 2002 Jul 15;36(14):3170-5.
8. *Environ Sci Technol*. 2002 May 1;36(9):1939-46.
9. *Environ Sci Technol*. 2009 Feb 1;43(3):878-83.



Each softgel contains:

Ubiquinol (as Kaneka QH Ubiquinol®) 100 mg
PrimaVie® Shilajit fulvic acid complex 100 mg

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, caramel color.

Non-GMO

Dosage and use

- Take one softgel daily with food, or as recommended by a healthcare practitioner.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.